



Name: _____

Date: _____

Present and Past Continuous Tenses Classwork

A. Present Continuous: Exercise

Complete the following sentences with the verb in brackets in the present continuous tense.

1. At the moment, she _____ (stay) with her friends in Kowloon.
2. Look! I _____ (balance) this tray of drinks on my head!
3. We _____ (have) a meeting after school today.
4. My grandfather _____ (shrink) as he gets older.
5. My parents _____ (always moan) about work.

B. Present Continuous: Proofreading Exercise

Which of the following sentences using the present continuous tense are incorrect?

1. Whenever I get a good grade, my parents are rewarding me.
2. On Tuesdays, I am playing tennis.
3. She is living in Hong Kong for her whole life.
4. I can't talk right now - I'm eating my dinner.
5. I am taking my piano exam next week.

C. Past Continuous: Exercise

Complete the following sentences with the verb in brackets in the present continuous tense.

1. At 4pm on Wednesday, I _____ (visit) my grandparents.
2. While you _____ (work), we _____ (plan) a surprise party for you!
3. They _____ (practise) their presentation when the teacher interrupted them.
4. Yesterday, she _____ (sleep) all day.

D. Past Continuous: Proofreading Exercise

Which of the following sentences using the present continuous tense are incorrect?

1. While I lived in New Zealand, a big earthquake was happening.
2. While the sun was shining, we were sunbathing outside.
3. At 4pm, Sarah was looking out of the window.
4. Yesterday, we was playing outside all day.
5. George was crying when I came into the room.

E. Present and Past Continuous: Mixed Exercise

Complete the following sentences with the verb in brackets, using the present continuous or the past continuous tense.

1. Please turn down the music, as I _____ (try) to read.
2. While I am in Hong Kong, I _____ (stay) with a host family.
3. This time last year, you _____ (lie) in a hospital bed.
4. The traffic situation in Hong Kong _____ (get) worse.
5. Sorry, when you _____ (talk), I _____ (not listen).
6. Sorry, but I can't make it to your party. I _____ (go) to bed early tonight.
7. My parents _____ (always worry) about me when I'm out with my friends.
8. I _____ (think) about my problems all night.
9. Jenny _____ (relax) in the garden when her little brother sprayed her with the garden hose.
10. Hurry! She _____ (drive) away right now!